

Quigley Catholic senior Macy Jaskiewicz has an interest in psychology and loves to write so when she was asked to contribute to the NAMI (National Alliance on Mental Illness) monthly newsletter she said “yes.” Carla Braund, the Beaver County president of the local chapter of NAMI, is also the editor of the monthly newsletter that reaches over 700 people. NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. In the September newsletter, Macy evaluated Strengthofus.org, a website targeted to young people impacted by mental health issues. A second article, *What is Video Game Addiction?*, is a summary of the PJAS (Pennsylvania Junior Academy of Science) experiment Macy conducted at Quigley Catholic during her junior year. Parents may find this issue especially interesting as many articles are geared to the teen age group.

In her spare time, Macy reads and reviews young adult literature on her blog, <http://itisabookthing.blogspot.com/>. Her following spans more than 25 countries and averages 100+ views each day.

If you would like to subscribe to the NAMI newsletter, please contact Carla at 724-728-3243 or namibc@gmail.com.